

## **IMPORTANT INFORMATION FOR THE NEW BENEFIT PLAN YEAR SEPTEMBER 1, 2016 – AUGUST 31, 2017**

- Arlington ISD Plan year is from September 1 through August 31.
- **The following changes have been made to the TRS Medical Plans:**
  - ❖ Rates for ActiveCare 2, ActiveCare Select and Scott & White HMO increased slightly.
  - ❖ Family Out-of-Pocket Maximums increased for ActiveCare 2, ActiveCare Select and Scott & White HMO.
  - ❖ Copays increased for ActiveCare 2 and ActiveCare Select.
  - ❖ TRS is introducing ALEX Virtual Benefits Advisor—ALEX is a new online, interactive tool to help you choose the medical plan that is best for you and your family. Friendly, funny, engaging and easy to use, ALEX explains how the plan works in simple language.
- **Wellness Program**
  - ❖ The AISD Wellness Program will still be available to all eligible employees. Any employee enrolled in a TRS ActiveCare medical plan, who opts to participate in the Wellness Program, will be eligible for a \$20 reduction in medical premiums each month. Participants have until August 31, 2017 to get 200 points for the 2016-2017 plan year.
- **Dental Insurance**
  - ❖ The Calendar Year Maximum for the Cigna High PPO plan is increasing from \$1,000 to \$1,500.
  - ❖ Rates for all dental plans are increasing slightly.
- **Life, AD&D Insurance**
  - ❖ The vendor for these plans is changing from Aetna to Symetra effective 9/1/16. All of your current elections will remain the same if you do not make any changes.
- **Supplemental Benefit Plans**
  - ❖ AISD has added the following supplemental plans: Voluntary HSA, Voluntary Tele-Health, Pet Insurance, Discount Program, and a Legal Plan.

### **THINGS TO REMEMBER...**

- **Declining Medical Coverage** – If you are declining the TRS ActiveCare Medical Plans for yourself or any of your dependents for the first time, you are required to complete the “Declination Process.” This can be done online at [www.myaisdbenefits.net](http://www.myaisdbenefits.net).
- **Medical and Dependent Care Reimbursement Accounts** –All flexible spending account contributions will remain the same if you do not make any changes.
- **Updating Beneficiary Information** – You can change your beneficiary information anytime, however, Annual Open Enrollment is a good time to ensure your life insurance beneficiaries are correct in the Benefits System.
- **Voluntary Group Life Insurance:** During Open Enrollment you may elect to increase your life insurance by one unit (\$10,000 for you, \$5,000 for your spouse) up to the guaranteed coverage amount without evidence of insurability. Any increases above this will be subject to evidence of insurability.