Easy to register. Easy to use.



myCigna.com

Register today. It's this easy:

- **1.** Go to **myCigna.com** and select "Register."
- **2.** Enter your personal details like name, address and date of birth.
- **3.** Confirm your identity with secure information like your Cigna ID, social security number or complete a security questionnaire. This will make sure only you can access your information.
- 4. Create a user ID and password.
- **5.** Review and submit.

Now you're ready to log in to your personal, secure myCigna.com site. See how the site has been "designed to click with you", making it easy to navigate and find what you need:

- · Find doctors and medical services
- Manage and track claims
- See cost estimates for medical procedures
- Compare quality of care ratings for doctors and hospitals
- · Access a variety of health and wellness tools and resources

It's a whole new world of online service.





Offered by: Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company.

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