

A Cigna Dental Health Connect® solution

Cigna Dental Oral Health Integration Program®

**Improved
health starts
with the mouth**

Doing more to
improve whole
person health.



Together, all the way.®



Offered by Cigna Health and Life Insurance Company or its affiliates

What is the Cigna Dental Oral Health Integration Program?

It's a program that reimburses out-of-pocket costs for preventive dental treatments to combat dental issues such as gum disease and tooth decay. The program is for people with certain medical conditions with a higher risk of oral health issues. There's no additional cost for the Cigna Dental Oral Health Integration Program - if employees qualify and enroll, they get reimbursed.*

Conditions Eligible for Program

- › Diabetes
- › Heart disease
- › Maternity
- › Stroke
- › Radiation for head or neck cancers
- › Organ transplants
- › Chronic kidney disease
- › Rheumatoid arthritis
- › Sjogren's syndrome
- › Lupus
- › Parkinson's disease
- › Amyotrophic lateral sclerosis (ALS)
- › Huntington's disease
- › Opioid misuse and addiction

Encourage employees to sign up to help manage their health and save money

To get reimbursed, qualifying employees first have to enroll in the Cigna Dental Oral Health Integration Program by either:

- › Going to **myCigna.com**, selecting Coverage > Dental and filling out the registration form online
- › Calling the number on the back of their Cigna ID card and asking for a mailed registration form

What dental services are covered under the Cigna Dental Oral Health Integration Program?

Condition	Heart disease	Stroke	Diabetes	Maternity	Chronic kidney disease	Organ transplants	Radiation for head or neck cancers	Rheumatoid arthritis	Sjogren's syndrome	Lupus	Parkinson's disease	ALS	Huntington's disease	Opioid misuse and addiction
Gum treatment ² D4341 D4342 D4910	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Gum evaluation ³ D0180				✓										
Oral evaluation ³ D0120 D0140 D0150				✓										✓
Cleaning ⁴ D1110				✓										
Deep cleaning and plaque removal ⁴ D4346				✓										
Emergency pain relief treatment ⁵ D9110				✓										
Fluoride and fluoride varnish ⁶ D1206					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fluoride (no varnish) ⁶ D1208					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sealants ⁶ D1351					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sealant repair ⁶ D1353					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Interim caries arresting medication application D1354					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Caries preventive medication application D1355					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

1. Eligibility, reimbursement and coverage for eligible services are subject to plan year maximums. 2. Two additional treatments per year than the plan covers. 3. One additional evaluation. 4. One additional cleaning. 5. Unlimited visits. 6. Open to all ages, but plan limits apply.

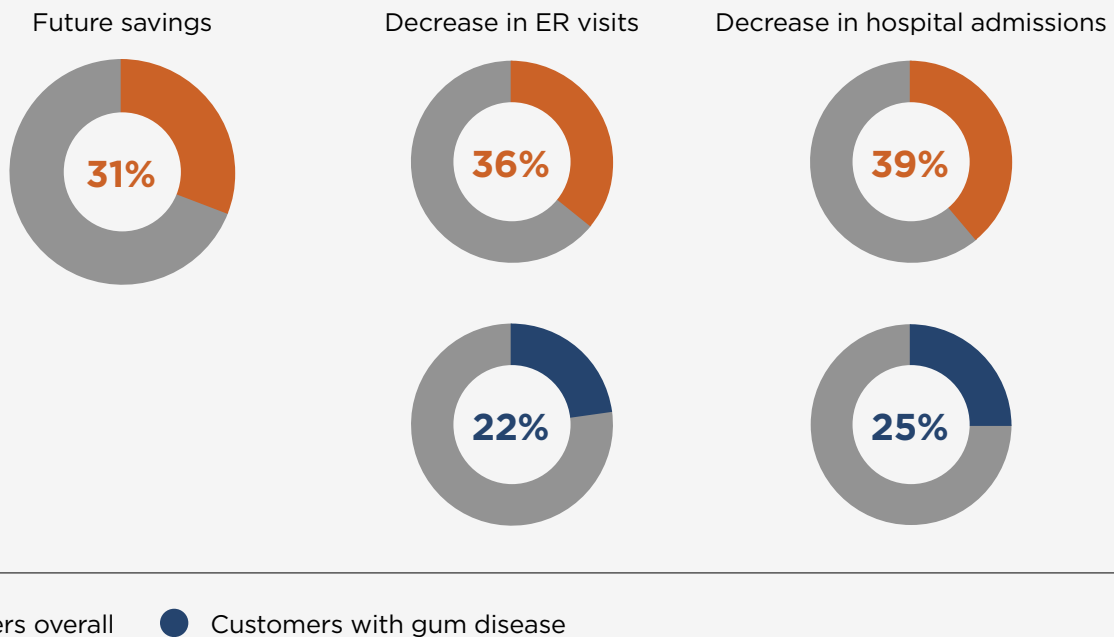
Reimbursement is as simple as 1, 2, 3...

- An enrolled employee goes to their dentist and pays their usual copay or coinsurance for the covered service.
- If they visit a dentist in the Cigna network, the dentist will send us a claim for reimbursement. If they choose to see a dentist not in the Cigna network, the employee may have to submit their claim.
- We'll review the claim and mail reimbursements for eligible dental services in about 30 days.

Gum disease treatment can create significant savings**

Medical conditions	Savings
No chronic condition	10.2% savings on TMC PMPY
Diabetes	12.25% savings on TMC PMPY

Preventive treatments can promote positive outcomes**



*Employees do not need to meet their DPPO or indemnity deductible to receive reimbursement for these services. However, reimbursement will apply to and is subject to annual benefit maximum for traditional indemnity and DPPO plans, as well as plan rules for visits to network and out-of-network dentists.

***"Preventive Dental Treatment Associated with Lower Medical Utilization and Costs." National study of Cigna customers with dental and medical coverage, updated December 2020 who had periodontal treatment followed by periodontal maintenance. First year TMC savings: 6%, second year cumulative TMC savings 8%, third year cumulative TMC savings 10.2%. 12.25% average TMC savings when preventive dental care is performed for three consecutive years for patients diagnosed with diabetes. Individual results may vary. separate from your dental benefits and you are required to pay the entire discounted charge. You should check any insurance or other benefits you have before using these discounts, as those benefits may result in lower costs to you.

Oral Health Integration Program may not be available in all areas. For Indemnity/DPPO plans, deductible does not apply and reimbursement counts toward and is subject to your plan annual benefits maximum. Product availability may vary by location and plan type and is subject to change. All group dental insurance policies and dental benefit plans have executions and limitations. For costs and complete details of coverage, contact your Cigna representative.

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