

HEALTH CARE EXPENSES

That Qualify for Reimbursement

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limbs/teeth
- Chiropractics
- Christian Science Practitioner's fees
- Contact lenses and solutions
- Copayments (doctor, dental, vision, pharmacy)
- Costs of physical or mental illness confinement
- Crutches
- Deductibles
- Dental fees (cosmetic procedures not eligible)
- Dentures
- Diagnostic fees
- Drug and medical supplies (syringes, needles, etc.)
- Endodontist fees
- Eye examination fees
- Eyeglasses prescribed by your doctor
- Eye surgery (cataracts, LASIK, etc.)
- Hearing devices and batteries
- Home health care
- Hospital bills
- Insulin
- Laboratory fees
- Lasereyesurgery
- Obstetrics and fertility
- Office visits
- Oral surgery
- Orthodontic fees
- Orthopedic devices
- Osteopath fees
- Oxygen
- Periodontist fees
- Physician fees (cosmetic procedures not eligible)
- Podiatrist fees
- Prescribed medicines
- Psychiatric care
- Psychologist and psychiatrist fees
- Radiology, X-rays and MRI
- Routine physicals and other non-diagnostic services ortreatments
- Smoking cessation programs
- Surgical fees
- Wheelchair
- Vitamins and supplements with Letter of Medical Necessity

That Qualify with a Doctor's Prescription



Only qualified health care expenses NOT reimbursed by insurance can be claimed on a Flexible Spending Account plan.

That Do Not Qualify for Reimbursement

- Concierge medical subscriptions
- Cosmetic surgery, procedures and/or medications
- Dental bleaching and electronic toothbrushes
- Hair restoration (procedures, drugs or medications)
- Health club or gym memberships for general health
- Mail order prescriptions from another country
- Marriage and family counseling
- Premiums you or your spouse pay for insurance coverage (payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan)
- Weight loss program food supplements
- Weight loss programs for general health or appearance

OVER-THE-COUNTER ITEMS

That Qualify without a Doctor's Prescription

Antiseptics

Antiseptic wash or ointment for cuts or scrapes
Benzocaine swabs
First aid wipes
Sublimed sulfur powder

Asthma Medications

Bronchodilator/expectorant tablets/
asthma inhalers

Cold, Flu and Allergy Medications

Allergy medications
Cold relief, cough relief or flu relief (liquid, tablets or drops)
Medicated chest rub
Nasal decongestant (drops, inhaler, spray or strips)
Sinus medications, sinus and allergy nasal spray
Vapor patch cough suppressant

Ear/Eye Care

Ear drops for swimmers
Ear water-drying aid
Ear wax removal drops

Health Aids

Anti-fungal treatments
Hemorrhoid relief
Lice control
Medicated bandages
Motion sickness tablets
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion and blister treatments
Itch relief
Orajel
Pain reliever, aspirin and non-aspirin
Throat pain medications

Skin Care

Acne medications
Anti-itch lotion
Cold sore/fever blister medications
Corn and callus removal
Eczema cream
Medicated wash
Wart removal medications

Stomach Care

Acid reducers
Antacid gum
Antacid liquid
Antacid tablets
Anti-diarrhea medications
Gas prevention (liquid, tablets or drops)
Laxatives
Prilosec
Upset stomach medications



Additional Items that Qualify

Bandages, gauze and related items

Blood pressure monitors
Cholesterol test kits and supplies

Colorectal cancer screening tests

Condoms and other OTC contraceptives

Contact lens cleaning solutions

Crutches, canes, walkers and wheelchairs

Denture adhesives

Diabetic supplies, including Insulin

Feminine hygiene products

Fertility monitors

First aid kits

Hearing aids and batteries
Heat wraps and cold packs
Home drug tests

Hydrogen peroxide

Incontinence supplies (Depends and Serenity pads)

Latex gloves

Occlusal guards (for teeth grinding)
Oral syringes

Ovulation predictor kits

Pregnancy test kits

Reading glasses and other OTC eyeglasses

Rubbing alcohol

Thermometers

OVER-THE-COUNTER ITEMS

That *Do Not* Qualify for Reimbursement

Aromatherapy
Baby bottles and cups
Baby oil
Baby wipes
Blistex/Chapstick
Breast enhancement system
Cosmetics
Cotton swabs
Dental floss

Deodorants
Facial care products
Feminine care fragrances
Hair regrowth
Insoles
Low calorie foods
Low "carb" foods
Mouthwash/oral care/toothbrushes

Petroleum jelly
Shampoo and conditioner
Skin care
Spa salts
Sun clips
Sun tanning products

Reimbursements are as simple as 1, 2, 3!

- 1. Complete a claim form.*
 - 2. Provide required documentation.*
 - 3. Submit online or by fax, email, mail or the mobile app.*
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