

# LIFE IS MESSY

Your GuidanceResources program can help straighten it out. Whether it's counseling, legal and financial guidance, or tips on well-being and work-life balance, we're ready to pitch in. Our support, resources and information are free, confidential and available all day, every day for you and your family.

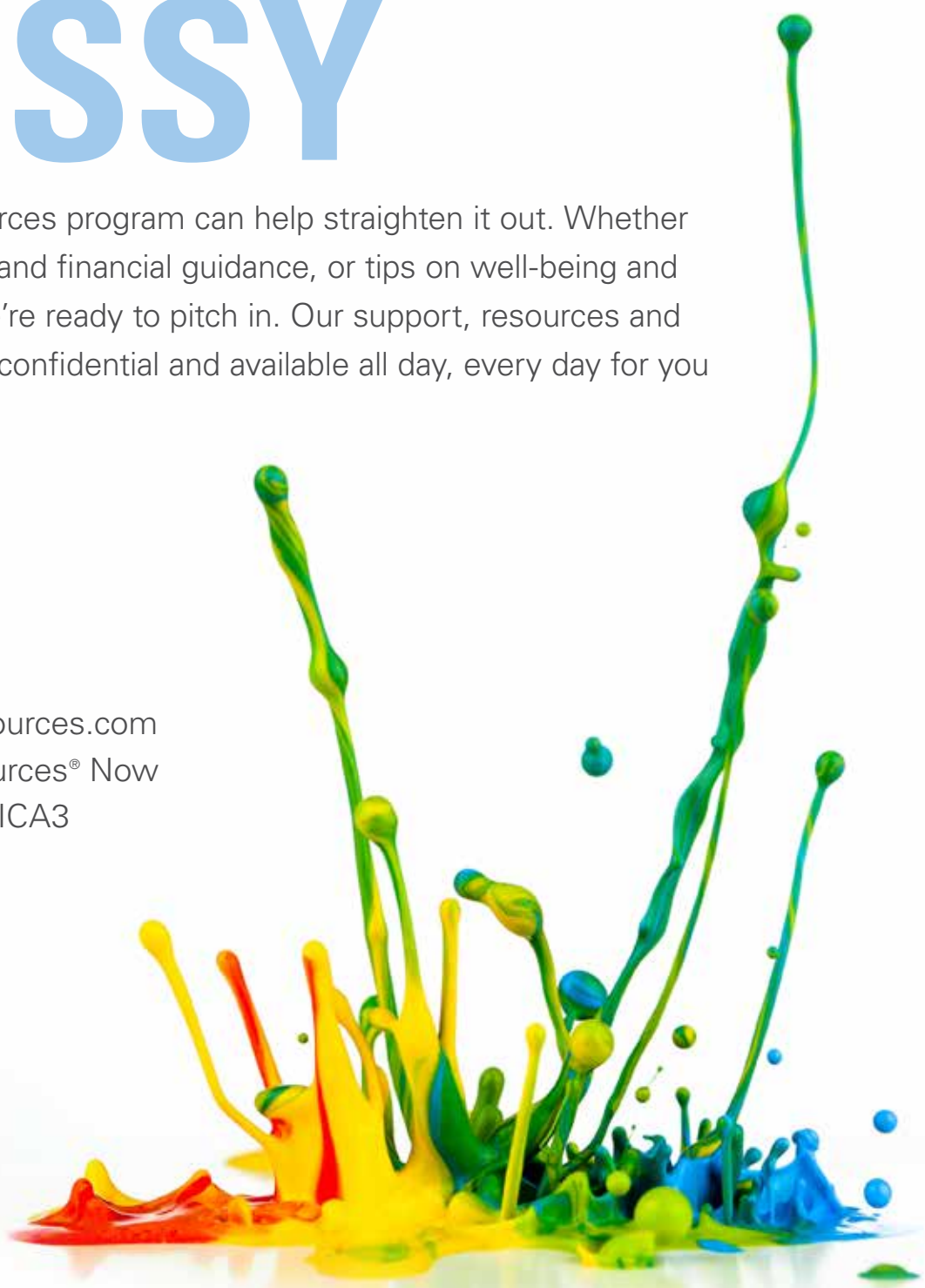
Call: 855.387.9727

TDD: 800.697.0353

Online: [guidanceresources.com](http://guidanceresources.com)

App: GuidanceResources® Now

Web ID: ONEAMERICA3



OneAmerica is the marketing name for American United Life Insurance Company(R) (AUL). AUL markets ComPsych services. ComPsych Corporation is not an affiliate of AUL and is not a OneAmerica company.



# Feeling unfocused?

Your GuidanceResources program can help clear things up. Get the confidential support and resources you need to make the most of your life. Services are available 24/7, at no cost to you.

- Legal and financial issues
- Moving and relocation
- Managing stress
- Finding child or elder care
- Alcohol and substance abuse
- Coping with difficulties at home or work

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# MAKE SENSE

Sometimes it doesn't add up, but you can count on your GuidanceResources program to help clarify the financial issues impacting you and your family.

Call today and speak to a Certified Public Accountant or Certified Financial Planner for free and confidential information and resources on a wide array of issues, including:

- › Budgeting
- › Credit card debt
- › Tax questions
- › Paying for college



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# WADING THROUGH OPTIONS

Not sure where to find reliable and trustworthy child care? Your free and confidential GuidanceResources program can help by providing expert resources, support and information. Call today or go online to find out about:

- › The differences between child care centers, family day care and babysitting cooperatives
- › Identifying pre-school and after school options
- › What questions you should ask a potential caregiver
- › Identifying ways to monitor the care your child receives



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