

# LOOKING FOR MORE HEALTHY CHOICES? WE'LL HELP.

## Cigna Healthy Rewards

You value your health enough to make smart choices and Cigna's Healthy Rewards\*\* program can help with discounts on a wide variety of health and wellness programs and services.

### Reward yourself.

You and your family members can enjoy instant savings using the attached wallet card when you visit a participating provider or shop online. Visit the Healthy Rewards website: [www.cigna.com/rewards](http://www.cigna.com/rewards) (password: savings) or call **1.800.258.3312** to get information on participating providers and save on the programs that are right for you.

### HEALTHY REWARDS®

#### Reward yourself

Present this card to your Healthy Rewards provider to access discounts on a range of health programs services.

To find out more about Healthy Rewards or for a list of participating providers, call **1.800.258.3312** or visit [Cigna.com/rewards](http://Cigna.com/rewards)  
Password: savings

Together, all the way.



This is NOT insurance.

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### Healthy Rewards Discounts

CATEGORY	PROGRAM	DISCOUNT**
Weight management and nutrition	Healthroads™ Weight Management	Up to 10%
	Registered dietician	Up to 25%
	Jenny Craig®	30%
Fitness club and equipment discounts	American Specialty Health Networks	10% off enrollment fees and/or monthly dues
	Just Walk 10,000 Steps a Day	Up to 25%
Vision and hearing care	Exams and eyewear	Discounts vary, see Healthy Rewards for further details
	Lasik vision correction	Up to 15%
	Hearing exams and aids	Up to 25%
	Hearing protection devices	Up to 50%
Tobacco cessation	Healthroads™ Tobacco Cessation	Up to 10%
Alternative medicine	Accupuncture	Up to 25%
	Chiropractor	Up to 25%
	Massage	Up to 25%
Mind/body	Gaiam yoga equipment discounts	40%
	Healthroads™ Mind/Body Program	Up to 10%
Vitamins, health and wellness products	drugstore.com™	5%
	ChooseHealthy.com™	up to 40%

Together, all the way.™



Offered by: Connecticut General Life Insurance Company, Life Insurance Company of North America or Cigna Life Insurance Company of New York.

\* Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. Healthy Rewards programs are separate from your plan or insurance coverage. A discount program is NOT insurance, and you must pay the entire discounted charge. Participating providers are independent third parties solely responsible for their programs, products or services.

\*\* Discounts represent the potential savings off a purchase compared to standard vendor prices as of January 2015 and are subject to change. Actual discount will vary and is not guaranteed. Discounts may not be available on every item or service.

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