

HEALTH CARE EXPENSES

That Qualify for Reimbursement

Acupuncture	Insulin
Alcoholism treatment	Laboratory fees
Ambulance	Laser eye surgery
Artificial limbs/teeth	Obstetrics and fertility
Chiropractics	Office visits
Christian Science Practitioner's fees	Oral surgery
Contact lenses and solutions	Orthodontic fees
Copayments (doctor, dental, vision, pharmacy)	Orthopedic devices
Costs of physical or mental illness confinement	Osteopath fees
Crutches	Oxygen
Deductibles	Periodontist fees
Dental fees (cosmetic procedures not eligible)	Physician fees (cosmetic procedures not eligible)
Dentures	Podiatrist fees
Diagnostic fees	Prescribed medicines
Drug and medical supplies (syringes, needles, etc.)	Psychiatric care
Endodontist fees	Psychologist and psychiatrist fees
Eye examination fees	Radiology
Eyeglasses prescribed by your doctor	Routine physicals and other non-diagnostic services or treatments
Eye surgery (cataracts, LASIK, etc.)	Smoking cessation programs
Hearing devices and batteries	Surgical fees
Home health care	Wheelchair
Hospital bills	Vitamins with doctor's letter
	X-rays and MRI

That Qualify with a Doctor's Prescription



Bedpans
 Boost/Pediasure
 Foot spa
 Massagers
 Massages
 Re-constructive surgery in connection with birth defect, disease or accident
 Ring cushions
 Special school for disabled children
 Therapeutic support gloves
 Weight loss program fees and over-the-counter drugs pertaining to a specific disease
 Wigs for hair loss caused by disease

Only qualified health care expenses NOT reimbursed by insurance can be claimed on a Flexible Spending Account plan.

That Do Not Qualify for Reimbursement

Cosmetic surgery, procedures and/or medications	Health club or gym memberships for general health	deducted premiums sponsored by your employer are eligible under the Premium Only Plan)
Dental bleaching and electronic toothbrushes	Mail order prescriptions from another country	Weight loss program food supplements
Hair restoration (procedures, drugs or medications)	Marriage and family counseling	Weight loss programs for general health or appearance
	Premiums you or your spouse pay for insurance coverage (payroll-	

OVER-THE-COUNTER DRUGS

That Qualify with a Doctor's Prescription

Antiseptics

Antiseptic wash or ointment for cuts or scrapes
Benzocaine swabs
Boric acid powder
First aid wipes
Iodine tincture
Sublimed sulfur powder

Asthma Medications

Bronchodilator/expectorant tablets/
asthma inhalers

Cold, Flu and Allergy Medications

Allergy medications
Cold relief, cough relief or flu relief (liquid, tablets or drops)
Homeopathic sinus medications
Medicated chest rub
Nasal decongestant (drops, inhaler, spray or strips)
Sinus medications, sinus and allergy nasal spray
Vapor patch cough suppressant

Ear/Eye Care

Airplane ear protection
Ear drops for swimmers
Ear water-drying aid
Ear wax removal drops
Homeopathic earache tablets

Health Aids

Anti-fungal treatments
Diuretics and water pills
Hemorrhoid relief
Lice control
Medicated bandages
Motion sickness tablets
Respiratory stimulant ammonia
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion and blister treatments
Itch relief
Orajel
Pain reliever, aspirin and non-aspirin
Throat pain medications

Skin Care

Acne medications
Anti-itch lotion
Cold sore/fever blister medications
Corn and callus removal
Eczema cream
Medicated bath products
Wart removal medications

Stomach Care

Acid reducers
Antacid gum
Antacid liquid
Antacid tablets
Anti-diarrhea medications
Gas prevention (liquid, tablets or drops)
Ipecac syrup
Laxatives
Pinworm treatment
Prilosec
Upset stomach medications



That Do Not Qualify for Reimbursement

Aromatherapy
Baby bottles and cups
Baby oil
Baby wipes
Blistex/Chapstick
Breast enhancement system
Cosmetics
Cotton swabs
Dental floss

Deodorants
Facial care
Feminine care fragrances or facial care products
Feminine hygiene products
Hair regrowth
Insoles
Low calorie foods
Low "carb" foods

Mouthwash/oral care/toothbrushes
Petroleum jelly
Shampoo and conditioner
Skin care
Spa salts
Sun clips
Sun tanning products

OVER-THE-COUNTER EXPENSES

That Qualify Without a Doctor's Prescription

Bandages, gauze and related items
Blood pressure monitors
Cholesterol test kits and supplies
Colorectal cancer screening tests
Condoms and other OTC
contraceptives
Contact lens cleaning solutions
Crutches, canes, walkers and
wheelchairs
Denture adhesives

Diabetic supplies, including Insulin
Fertility monitors
First aid kits
Hearing aids and batteries
Heat wraps and cold packs
Home drug tests
Hydrogen peroxide
Incontinence supplies (Depends and
Serenity pads)
Latex gloves

Occlusal guards (for teeth grinding)
Oral syringes
Ovulation predictor kits
Pregnancy test kits
Reading glasses and other OTC
eyeglasses
Rubbing alcohol
Thermometers



Reimbursements are as simple as 1, 2, 3!

- 1. Complete a claim form.*
 - 2. Provide required documentation.*
 - 3. Submit online or by fax, email, mail or the mobile app.*
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