

# SimplyWell connect

Transform your experience.

The Connect™ wellness platform brings together everything you need to begin your journey toward a healthier lifestyle.

Take your Member Health Assessment



Set and achieve health and wellness goals

Connect your supported apps and devices



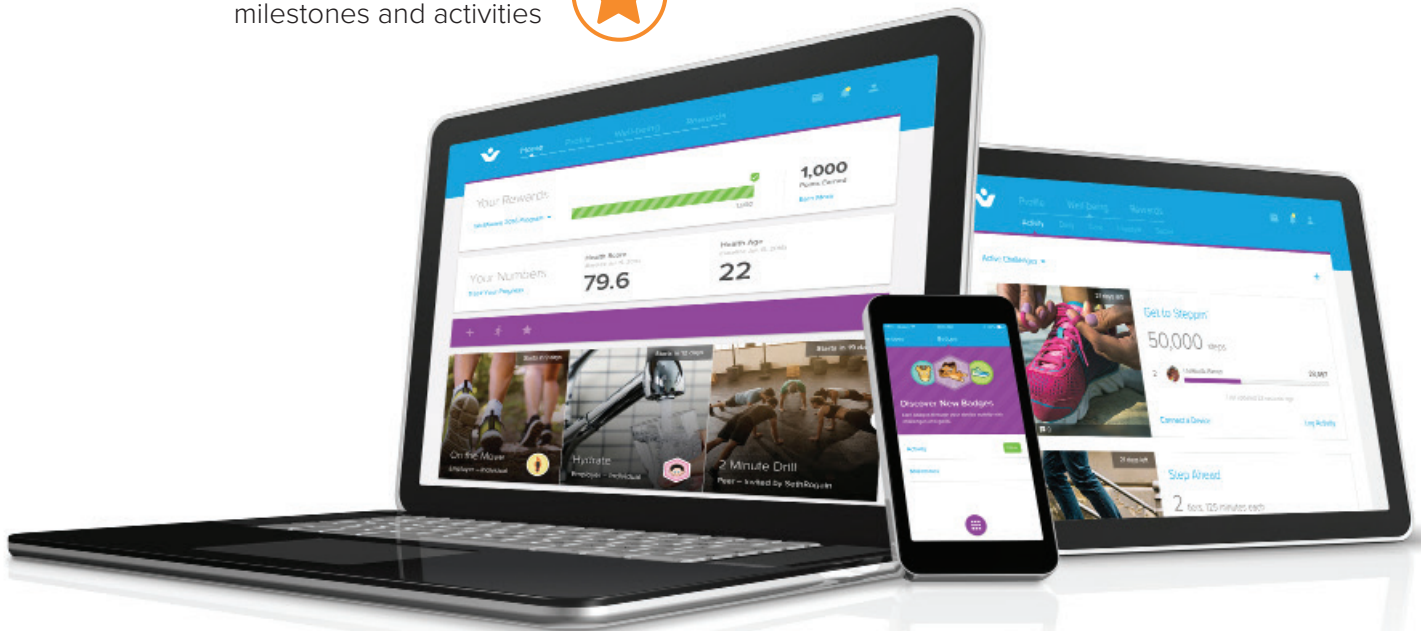
Participate in challenges

Sign up for Biometric Screenings



Track your progress, and more

Earn badges for milestones and activities



## ALSO AVAILABLE ON MOBILE!

Whether you're at work, home, or on the go, you can manage your well-being and enjoy all the features and functionality of Connect using your compatible Apple or Android device.



Download the App: Click above or search "SimplyWell" on the App Store or Google Play.  
Need help downloading or updating the app? Here are helpful links for [Apple](#) and [Android](#).



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