



## Learn more about your annual Be Well Benefit

### Your Unum plan pays a Be Well Benefit for one Be Well screening each year.

With Unum's Be Well Benefit, you and other covered family members can receive a valuable incentive for important tests and screenings. Many of these tests are routinely performed, so it's easy to take advantage of this benefit.

Your Critical Illness Be Well benefit is \$50.

Be Well screenings	
<ul style="list-style-type: none"> <li>• Annual exams by a physician including sports physicals and well-child visits</li> <li>• Cancer screenings including pap smear, colonoscopy</li> <li>• Cardiovascular function screenings</li> </ul>	<ul style="list-style-type: none"> <li>• Cholesterol and diabetes screenings</li> <li>• Imaging studies, including chest X-ray, mammography</li> <li>• Immunizations including HPV, MMR, tetanus, influenza</li> </ul>

Each year, you can earn a valuable incentive just for taking care of your health. And so can each of your covered family members.



### It's easy to file a claim.

You can receive a benefit for tests that are performed after your initial coverage date. Follow these simple steps:

1

File your claim online with a one-time registration on [unum.com](http://unum.com), by mail or over the phone.

Simply call 1-800-635-5597 to learn more.

2

You will need to provide the following:

- First and last names of the **employee** and **claimant** (the employee might not be the claimant)
- Employee's **Social Security number** or **policy number**
  - Name and date of the test
  - Name of **physician** and the **facility** where the test was performed.

For more information, please contact your HR representative.

Unum will pay Be Well benefits for all eligible policies according to policy terms.

#### THESE POLICIES OFFER LIMITED BENEFITS

The policies or their provisions may vary or be unavailable in some states. The policies have exclusions and limitations which may affect any benefits payable. See the actual policy or your Unum representative for specific provisions and details of availability.

Underwritten by: Unum Insurance Company, Portland, Maine;

In New York, underwritten by: Provident Life and Casualty Insurance Company, Chattanooga, Tennessee

[unum.com](http://unum.com)

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