

# TRS-ActiveCare Additional Resources

## Teacher Retirement System of Texas

### General Information

- [TRS Website](https://trs.texas.gov) (trs.texas.gov)
- [TRS Forms](#)
- [Frequently Asked Questions about TRS-ActiveCare](#)

### General Contact Information

TRS-ActiveCare Customer Service: **1-866-355-5999**    Scott & White Health Plan (HMO): **1-844-633-5325**    Blue Essentials Access (HMO): **1-888-378-163**

If you have any questions about your benefits, contact a Personal Health Guide at **1-866-355-5999**.

Mailing Address for Claims  
Blue Cross and Blue Shield of Texas  
P.O. Box 660044  
Dallas, TX 75266-0044

# TRS-ActiveCare Additional Resources

## 2022-2023: ActiveCare Primary, ActiveCare Primary+, ActiveCare HD, & ActiveCare 2

### Plan Specific Documentation

- [Regional Rates](#)
- Plan Highlights
  - [Plan Highlights](#)
  - [Plan Highlights](#) (English & Spanish)
- [Enrollment Toolkit](#)
- What Region is my District In?
  - [AskTED](#)
  - [Participating District List](#)
- [Plan Resource Guides](#) (English & Spanish)

## 2021-2022: ActiveCare Primary, ActiveCare Primary+, ActiveCare HD, & ActiveCare 2

### Plan Specific Documentation

- [What's New and What's Changing](#)
- [What's New and What's Changing](#) (Spanish)
- [Plan Highlights](#)
- [Plan Highlights](#) (Spanish)

# TRS-ActiveCare Additional Resources

## General Information, Resources, & Documentation

### General Information

- [TRS-ActiveCare Home Page](#)
- [Blue Access for Members](#)
- [Annual Enrollment Information Video](#)
- [Annual Enrollment Guide](#)
- [Doctors and Hospitals](#)
- [Prior Authorization Requirements](#)
- [Employee Enrollment Presentation](#)

### Pharmacy/Prescriptions Resources

CVS Caremark administers your prescription drug plan. For questions about your pharmacy benefits, call 1-866-355-5999 or visit [Caremark](#).

### Additional Resources

- [Nominate a Provider](#)
- [TRS Virtual Health](#)
- [Activate Your Health](#) – Health and Wellbeing
- [Well onTarget](#) - Wellness Program
- [Women's and Family Health](#)
- [Tools and Resources](#)

# TRS-ActiveCare Additional Resources

## Downloadable Forms

- [Medical Claim Form \(Domestic\) - English](#)
- [Medical Claim Form \(Domestic\) - Spanish](#)
- [Medical Claim Form \(International\) - English](#)
- [Medical Claim Form \(International\) - Spanish](#)
- [Disabled Dependent Authorization Form - English](#)
- [Disabled Dependent Authorization Form - Spanish](#)
- [Transition of Care Form - English](#)
- [Transition of Care Form - Spanish](#)
- [HIPAA Standard Authorization Form - English](#)
- [HIPAA Standard Authorization Form - Spanish](#)
- [Out-of-State Dependent/Attestation Form](#)

## Government Subsidy for COBRA Coverage

The American Rescue Plan Act (ARPA) of 2021 provides eligible workers with a subsidy to pay for continuation coverage for themselves and their covered children and spouses following a loss of coverage. Instead of an individual paying for COBRA coverage, the federal government will pay for COBRA coverage on behalf of the individual. This subsidy period lasts from April 1, 2021 through September 30, 2021.

Administration of these provisions under ARPA will be handled by bswift® and TRS for eligible COBRA covered individuals. Participating entities will continue to send termination information to bswift directly or through your third-party administrator for COBRA eligibility.

Click [HERE](#) for additional information.