

WHO TO CONTACT

Program	Vendor	Phone Number	Website/Email
ARLINGTON ISD BENEFITS OFFICE STAFF			
Jola Khan	Director of Compensation and Benefits	(682) 867-7700	hrbenefits@aisd.net
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Linda Scott	FBS Client Services Representative	(682) 867-7364	hrbenefits@aisd.net
Office Fax (682) 867-4651		Website www.myaisdbenefits.net	
INSURANCE PLANS PHONE NUMBERS			
TRS ActiveCare Medical	BCBS	(866) 355-5999	www.bcbstx.com/trsactivecare
TRS ActiveCare Pharmacy	Caremark	(866) 55-5999	www2.caremark.com/trsactivecare
Baylor Scott & White HMO Medical and Pharmacy	Baylor Scott & White	(844) 216-4150	https://trs.swhp.org/
Wellness Program	Virgin Pulse	(888) 848-3723	www.virginpulse.com
TRS Teladoc	BCBS	(855) 835-2362	www.teladoc.com/TRSActiveCare
MDLive Telehealth	MDLive	(888) 365-1663	www.consultmdlive.com
Healthcare Savings Account (HSA)	EECU	(817) 882-0800	www.eecu.org
Hospital Indemnity	Metlife	(800) 438-6388	www.metlife.com
Dental	CIGNA	(800) 244-6224	www.cigna.com
Vision	Davis Vision	(800) 999-5431	www.davisvision.com
Disability	The Hartford	(866) 278-2655	www.thehartford.com
Cancer	American Public Life	(800) 256-8606	www.ampublic.com
Group Life and AD&D	Symetra	(800) 796-3872	www.symetra.com
Individual Life	5 Star	(866) 863-9753	www.5starlifeinsurance.com
Long Term Care	Unum	(800) 227-4165	www.unum.com
Pet Insurance	Metlife	(800) 438-6388	www.petinsurance.com/myaisdbenefits
MetLaw Legal Plan	MetLaw	(800) 821-6400	www.legalplans.com
Identity Theft Protection	ID Watchdog	(800) 970-5182	www.idwatchdog.com
Medical & Dependent Care Reimbursement Accounts	National Benefit Services	(800) 274-0503	www.nbsbenefits.com
Employee Assistance	The Hartford	(866) 278-2655	www.guidanceresources.com
Retirement	Teacher Retirement Systems	(800) 223-8778	www.trs.state.tx.us
403(b)	National Benefits Services	(800) 274-0503	www.nbsbenefits.com
457(b)	Redwood Financial	(817) 332-7995	www.redwoodfp.com
Benefits Third Party Administrator	Financial Benefit Services	(800) 583-6908	www.fbsbenefits.com