



24/7 access to
quality doctors in minutes
at no cost to you.

Talk to a Doctor in Minutes!

Teladoc gives you 24/7 access to doctors in minutes by phone, video or mobile app. Teladoc's U.S board certified, state-licensed doctors can answer your questions, diagnose common conditions and prescribe medications when needed.

Get Started in 3 Easy Steps!

1. Visit member.teladoc.com/registrations or call (800) 835-2362
2. Enter the following information in each field and click 'Continue':
 - a. First Name & Last Name
 - b. Date of Birth
 - c. Zip Code
 - d. Email Address: your primary email address
 - e. Preferred Language
 - f. Gender
3. Select the option that includes the name of your employer as your benefits provider and click "Continue".
 - a. If you receive a message that indicates that you already have an account through your insurance provider, click "**Create a New Account**" under "**Additional Benefits?**" and proceed with registration.
 - b. Note: If your benefits are not found, please call (800) 835-2362 to talk to a client support representative who will help find your account.

Once you are finished, you can add dependents and download the mobile app for Apple and Android devices.

To connect with a doctor, call (800) 835-2362.
We hope you continue to enjoy this amazing benefit!!

To your health!

The Teladoc Team
Teladoc.com (800)
835-2362