

Practical tools to control your healthcare (and more)...in one easy membership!





Telehealth

Your 24/7 Dr. BFF It's like having a best friend who's a family doctor! Up to 70% of medical issues can be solved by phone. Call anytime (no additional fee), visit with a U.S. doc & get a prescription written, if medically necessary.



Doctors Online

Get specialist advice...stat! Stop searching the web for bad advice. Email physicians, psychologists, dentists, dietitians, fitness trainers (and more) and get personal answers to your questions in a few hours.



Advocacy

Your friend in healthcare How much will your medical procedure cost? Where can you find a quality provider? Were you billed correctly? Call your personal Advisor to help get answers to these questions and more.



Prescription Savings

Get your drug on (sale!) Prescription costs are skyrocketing and fewer medications are covered under today's medical plans. Save 10-85% (46% on average) on most prescriptions - by mail and at 60,000 pharmacies nationwide including CVS and Walgreens.









I needed an MRI. I called my advocate and within 20 minutes. I received an email with 3 different locations. Prices varied from \$450 to over \$1,000, so I'm really glad I called! — Jeff from TX



I had a very painful, scary bump on my leg. In less than 4 minutes, I was talking to a doctor! She called in an Rx – I not only had almost immediate relief, I had peace of mind. — Dallas from AZ

Three ways to use freshbenies services...

Portal

Click LOGIN at freshbenies.com and activate using your Member ID and Group ID.

App

Download the freshbenies app and activate using your Member ID and Group ID.

Card

The membership card has contact numbers for services, plus our freshbenies Member Services number for questions.

Don't forget!

Click the Telehealth icon to set up your account!

Learn more at www.freshbenies.com

Disclosures: This plan is NOT insurance. This discount card program contains a 30-day cancellation period. The plan is not insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. Learn more at freshbenies. com. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380, 855-647-6762. Some state restrictions may apply. B1000-EE-F-NF AM 05/19