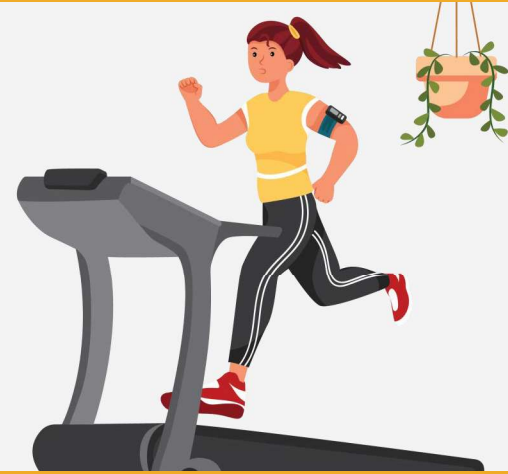


ABOUT WELLNESS PROGRAMS

A Wellness Program is designed to assist in improving your overall health and wellness. This program is provided by your employer at no cost to you.

For full plan details, please visit your benefit website:
www.myaisdbenefits.net



The Arlington Independent School District wellness program is a vital part of our overall benefits program. AISD has partnered with Go365 to bring you the latest health and wellness tools and educational programs to help you live better and achieve your health goals.

The AISD wellness program is run on a point system. Members are eligible for a \$51 monthly wellness credit toward their medical premiums if they choose to participate, are enrolled in a TRS medical plan, and reach Go365 SILVER STATUS (5000 points) before July 31st

All Employees Can Participate!

The Wellness Program is available to all employees. The \$51 monthly wellness credit is only available to TRS ActiveCare medical plan participants. Employees waiving medical coverage must select Wellness during enrollment. To join Wellness during the plan year, send an email to HRbenefits@aisd.net. Participation is free for all employees.

Enrollment is conducted online at www.myaisdbenefits.net through the employee benefits portal. Once enrolled, Go365 will mail out a member ID card with instructions for getting started.

Go365 Contact Information

Have questions about registration?
Contact Go365 customer service: 800.592.3009

How to register for Go365

Access Go365 Mobile App from the App Store or Google Play
or register online at Go365.com