

2022-2023 AISD Health Benefits Open Enrollment

Substitute and Part Time Temporary Employees

Arlington Independent School District offers health coverage to all staff members through TRS-ActiveCare

AISD Benefits Open Enrollment starts July 18th and ends August 15th

Enrollment will be conducted online at www.myaisdbenefits.net. Enrollment assistance is available.
For questions about how to enroll call **866-914-5202**, Monday – Friday from 8:00am to 6:00pm

ENROLLMENT Login Information

Benefit enrollment password instructions are located on the login page of the AISD Benefits Hub website www.myaisdbenefits.net. Visit the page and click “Login” to view the instructions.

TRS ActiveCare Medical Plans - What's New for 2022-2023

- TRS-ActiveCare Blue Cross Blue Shield: PRIMARY plan and HD plan member rates have not increased
PRIMARY PLUS plan rates have decreased
- Baylor Scott & White HMO plan: Premiums have slightly increased
- Deductibles: Blue Cross Blue Shield HD Plan In-Network and out-of-network Coinsurance and Maximum Out of Pocket amounts have increased
- Baylor Scott & White HMO plan premiums increased, and prescription deductible increased

Medical Plan Summary

TRS ActiveCare PRIMARY Plan

- Lowest premium
- Copays for doctor visits before you meet deductible
- Statewide network
- PCP referrals required to see specialists
- Not compatible with health savings account (HSA)
- No out-of-network coverage

TRS ActiveCare HD Plan (High Deductible Plan)

- Lower premium
- Compatible with health savings account (HSA)
- Nationwide network with out-of-network coverage
- No requirement for PCPs or referrals
- Must meet deductible before plan pays for non-preventive care

TRS ActiveCare PRIMARY PLUS Plan

- Lower deductible than HD and primary plans
- Copays for many services
- Higher premium
- Statewide network
- PCP referrals required to see specialists
- Not compatible with a health savings account (HSA)
- No out-of-network coverage

TRS ActiveCare 2

- Active Care 2 is closed to new enrollees, current enrollees can choose to stay in plan
- Lower deductible
- Nationwide network with out-of-network coverage
- No requirement for PCPs or referrals

Substitutes and Part Time Temporary Employees 2022-2023 Health Benefits Open Enrollment

- When you enroll in benefits during open enrollment, your medical plan will go into effect September 1, 2022
- Your first premium must be paid in full BEFORE September 1, 2022
- You can mail or submit your first payment via check or money order made payable to AISD
- Mail your monthly benefit payment to: AISD Benefits Office, 690 E. Lamar Blvd, Arlington TX 76011
- You will be responsible for making your premium payment every month
- Payment is considered late if not received by the 5th day of each month. If the 5th falls on a weekend or a day the District is closed, the payment must be made the preceding business day. If you fail to make your monthly premium payment on time the District will proceed with the coverage cancellation process.
- During the plan year if you experience a qualifying status change and need to modify your benefits contact the Benefits Department by email: HRbenefits@aisd.net for further assistance.
- A substitute/temporary employee who is enrolled in medical coverage and who is removed from the substitute roster/separates from the district will be provided notice regarding continuation of their healthcare coverage under COBRA. Cancellation due to non-payment is considered a personal request and therefore you may not be eligible for COBRA.
- If you decline coverage, you will not be eligible to enroll until the following enrollment period next year. If you have any additional questions, please email the Substitute Office at subservices@aisd.net

2022-2023 Medical Plan Rates Per Month

Substitutes/Time Temporary Employees

	TRS ActiveCare Primary	TRS ActiveCare HD	TRS ActiveCare 2	TRS ActiveCare Primary+	Scott & White HMO
Employee Only	\$417.00	\$429.00	\$1,013.00	\$525.00	\$569.24
Employee + Children	\$751.00	\$772.00	\$1,507.00	\$845.00	\$915.65
Employee + Spouse	\$1,176.00	\$1,209.00	\$2,402.00	\$1,284.00	\$1,431.08
Family	\$1,405.00	\$1,445.00	\$2,841.00	\$1,614.00	\$1,647.24



TRS-ActiveCare 2 is closed to new enrollees. If you're currently enrolled in ActiveCare 2, you can remain in this plan.

If You Elect to Enroll in Medical Coverage

- If you enroll, your medical plan will go into effect September 1, 2022.
- **Your first premium payment is due September 1, 2022.** Payments will be considered late if not received by the 5th day of each month.
- **You will be responsible for the full monthly premium each month. Submit your first payment via check or money order made payable to AISD.** Mail your payment: AISD Benefits Department, 690 East Lamar Blvd. Arlington, TX 76011.

If you fail to make your monthly premium payment on time, the District will proceed with the coverage cancellation process. If your coverage cancels due to non-payment/late payment, you will be able to enroll during the next Annual Open Enrollment.

- A substitute/temporary employee enrolled in TRS-Active Care who is removed from the substitute roster becomes ineligible for health insurance coverage and will be provided notice regarding continuation coverage under COBRA (if eligible). Cancellation due to non-payment is considered a personal request for cancellation. Therefore, you would not be eligible for COBRA.
- If you decline coverage, you will not be eligible to enroll until the following open enrollment period next year. If you have questions, please email, subservices@aisd.net, or HRbenefits@aisd.net

2022-23 TRS-ActiveCare Plan Highlights Sept. 1, 2022 – Aug. 31, 2023



All TRS-ActiveCare participants have **three plan options**. Each includes a wide range of wellness benefits.

How to Calculate Your Monthly Premium

Total Monthly Premium

⊖ Your District and State Contributions

⊖ **Your Premium**

Ask your Benefits Administrator for your district's specific premiums.

Wellness Benefits at No Extra Cost*

- Being healthy is easy with:
- \$0 preventive care
 - 24/7 customer service
 - One-on-one health coaches
 - Weight loss programs
 - Nutrition programs
 - Ovia™ pregnancy support
 - TRS Virtual Health
 - Mental health benefits
 - And much more!

**Available for all plans. See the benefits guide for more details.*

Things to Know

- TRS's Texas-sized purchasing power enables access to broad networks without county boundaries.
- Specialty drug insurance means you're covered, no matter what life throws at you.

This plan is closed and not accepting new enrollees. If you're currently enrolled in TRS-ActiveCare 2, you can remain in this plan.

	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD
Plan Summary	<ul style="list-style-type: none"> • Lowest premium of all three plans • Copays for doctor visits before you meet your deductible • Statewide network • Primary Care Provider (PCP) referrals required to see specialists • Not compatible with a Health Savings Account (HSA) • No out-of-network coverage 	<ul style="list-style-type: none"> • Lower deductible than the HD and Primary plans • Copays for many services and drugs • Higher premium • Statewide network • PCP referrals required to see specialists • Not compatible with a Health Savings Account (HSA) • No out-of-network coverage 	<ul style="list-style-type: none"> • Compatible with a Health Savings Account (HSA) • Nationwide network with out-of-network coverage • No requirement for PCPs or referrals • Must meet your deductible before plan pays for non-preventive care

TRS-ActiveCare 2
<ul style="list-style-type: none"> • Closed to new enrollees • Current enrollees can choose to stay in plan • Lower deductible • Copays for many services and drugs • Nationwide network with out-of-network coverage • No requirement for PCPs or referrals

Monthly Premiums	Total Premium	Your Premium	Total Premium	Your Premium	Total Premium	Your Premium
Employee Only	\$417	\$	\$525	\$	\$429	\$
Employee and Spouse	\$1,176	\$	\$1,284	\$	\$1,209	\$
Employee and Children	\$751	\$	\$845	\$	\$772	\$
Employee and Family	\$1,405	\$	\$1,614	\$	\$1,445	\$

Total Premium	Your Premium
\$1,013	\$
\$2,402	\$
\$1,507	\$
\$2,841	\$

Plan Features	In-Network Coverage Only	In-Network Coverage Only	In-Network	Out-of-Network
Individual/Family Deductible	\$2,500/\$5,000	\$1,200/\$3,600	\$3,000/\$6,000	\$5,500/\$11,000
Coinsurance	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible
Individual/Family Maximum Out of Pocket	\$8,150/\$16,300	\$6,900/\$13,800	\$7,050/\$14,100	\$20,250/\$40,500
Network	Statewide Network	Statewide Network	Nationwide Network	
PCP Required	Yes	Yes	No	

In-Network	Out-of-Network
\$1,000/\$3,000	\$2,000/\$6,000
You pay 20% after deductible	You pay 40% after deductible
\$7,900/\$15,800	\$23,700/\$47,400
Nationwide Network	
No	

Doctor Visits				
Primary Care	\$30 copay	\$30 copay	You pay 30% after deductible	You pay 50% after deductible
Specialist	\$70 copay	\$70 copay	You pay 30% after deductible	You pay 50% after deductible

\$30 copay	You pay 40% after deductible
\$70 copay	You pay 40% after deductible

Immediate Care				
Urgent Care	\$50 copay	\$50 copay	You pay 30% after deductible	You pay 50% after deductible
Emergency Care	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	
TRS Virtual Health-RediMD (TM)	\$0 per medical consultation	\$0 per medical consultation	\$30 per medical consultation	
TRS Virtual Health-Teladoc®	\$12 per medical consultation	\$12 per medical consultation	\$42 per medical consultation	

\$50 copay	You pay 40% after deductible
You pay a \$250 copay plus 20% after deductible	
\$0 per medical consultation	
\$12 per medical consultation	

Prescription Drugs			
Drug Deductible	Integrated with medical	\$200 brand deductible	Integrated with medical
Generics (30-Day Supply/90-Day Supply)	\$15/\$45 copay; \$0 copay for certain generics	\$15/\$45 copay	You pay 20% after deductible; \$0 coinsurance for certain generics
Preferred Brand	You pay 30% after deductible	You pay 25% after deductible	You pay 25% after deductible
Non-preferred Brand	You pay 50% after deductible	You pay 50% after deductible	You pay 50% after deductible
Specialty	\$0 if PrudentRx eligible; You pay 30% after deductible	\$0 if PrudentRx eligible; You pay 30% after deductible	You pay 20% after deductible
Insulin Out-of-Pocket Costs	\$25 copay for 31-day supply; \$75 for 61-90 day supply	\$25 copay for 31-day supply; \$75 for 61-90 day supply	You pay 25% after deductible

\$200 brand deductible
\$20/\$45 copay
You pay 25% after deductible (\$40 min/\$80 max)/ You pay 25% after deductible (\$105 min/\$210 max)
You pay 50% after deductible (\$100 min/\$200 max)/ You pay 50% after deductible (\$215 min/\$430 max)
\$0 if PrudentRx eligible; You pay 30% after deductible (\$200 min/\$900 max)/ No 90-day supply of specialty medications
\$25 copay for 31-day supply; \$75 for 61-90 day supply

What's New and What's Changing



This table shows you the changes between 2021-22 statewide premium price and this year's 2022-23 regional price for your Education Service Center.

		2021-22 Total Premium	New 2022-23 Total Premium	Change in Dollar Amount	Key Plan Changes
TRS-ActiveCare Primary	Employee Only	\$417	\$417	\$0	<ul style="list-style-type: none"> Member Rewards was expanded to include more than 100 new procedures Copay for Teladoc® rose from \$0 to \$12 Maximum out of pocket for insulin capped at \$25/31-day supply; \$75/61-90 day supply
	Employee and Spouse	\$1,176	\$1,176	\$0	
	Employee and Children	\$751	\$751	\$0	
	Employee and Family	\$1,405	\$1,405	\$0	
TRS-ActiveCare HD	Employee Only	\$429	\$429	\$0	<ul style="list-style-type: none"> In-network maximum rose by \$50/individual; \$100/families The Member Rewards program is now available for HD participants <ul style="list-style-type: none"> Rewards are paid through a limited-purpose Health Care Account (HCA) and can be used toward dental and vision expenses Consult fee for Teladoc rose from \$30 to \$42
	Employee and Spouse	\$1,209	\$1,209	\$0	
	Employee and Children	\$772	\$772	\$0	
	Employee and Family	\$1,445	\$1,445	\$0	
TRS-ActiveCare Primary+	Employee Only	\$542	\$525	(\$17)	<ul style="list-style-type: none"> Member Rewards was expanded to include more than 100 new procedures Copay for Teladoc rose from \$0 to \$12 Maximum out of pocket for insulin capped at \$25/31-day supply; \$75/61-90 day supply
	Employee and Spouse	\$1,334	\$1,284	(\$50)	
	Employee and Children	\$879	\$845	(\$34)	
	Employee and Family	\$1,675	\$1,614	(\$61)	
TRS-ActiveCare 2 (closed to new enrollees)	Employee Only	\$1,013	\$1,013	\$0	<ul style="list-style-type: none"> Copay for Teladoc rose from \$0 to \$12 Maximum out of pocket for insulin capped at \$25/31-day supply; \$75/61-90 day supply This plan is still closed to new enrollees
	Employee and Spouse	\$2,402	\$2,402	\$0	
	Employee and Children	\$1,507	\$1,507	\$0	
	Employee and Family	\$2,841	\$2,841	\$0	

At a Glance			
	Primary	HD	Primary+
Premiums	Lowest	Lower	Higher
Deductible	Mid-range	High	Low
Copays	Yes	No	Yes
Network	Statewide network	Nationwide network	Statewide network
PCP Required?	Yes	No	Yes
HSA-eligible?	No	Yes	No

Effective: Sept. 1, 2022

2022-23 Health Maintenance Organization (HMO) Plans and Premiums for Select Regions of the State

REMEMBER: Remember that when you choose an HMO, you're choosing a regional network.

TRS also contracts with HMOs in certain regions of the state to bring participants in those areas additional options. Not all HMOs are available in all regions. Please verify your eligibility.

	Central and North Texas Baylor Scott & White Health Plan <i>Brought to you by TRS-ActiveCare</i>	Blue Essentials - South Texas HMO <i>Brought to you by TRS-ActiveCare</i>	Blue Essentials - West Texas HMO <i>Brought to you by TRS-ActiveCare</i>
	<p>You can choose this plan if you live in one of these counties: Austin, Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Collin, Coryell, Dallas, Denton, Ellis, Erath, Falls, Freestone, Grimes, Hamilton, Hays, Hill, Hood, Houston, Johnson, Lampasas, Lee, Leon, Limestone, Madison, McLennan, Milam, Mills, Navarro, Robertson, Rockwall, Somervell, Tarrant, Travis, Walker, Waller, Washington, Williamson</p>	<p>You can choose this plan if you live in one of these counties: Cameron, Hildalgo, Starr, Willacy</p>	<p>You can choose this plan if you live in one of these counties: Andrews, Armstrong, Bailey, Borden, Brewster, Briscoe, Callahan, Carson, Castro, Childress, Cochran, Coke, Coleman, Collingsworth, Comanche, Concho, Cottle, Crane, Crockett, Crosby, Dallam, Dawson, Deaf Smith, Dickens, Donley, Eastland, Ector, Fisher, Floyd, Gaines, Garza, Glasscock, Gray, Hale, Hall, Hansford, Hartley, Haskell, Hemphill, Hockley, Howard, Hutchinson, Irion, Jones, Kent, Kimble, King, Knox, Lamb, Lipscomb, Llano, Loving, Lubbock, Lynn, Martin, Mason, McCulloch, Menard, Midland, Mitchell, Moore, Motley, Nolan, Ochiltree, Oldham, Parmer, Pecos, Potter, Randall, Reagan, Reeves, Roberts, Runnels, San Saba, Schleicher, Scurry, Shackelford, Sherman, Stephens, Sterling, Stonewall, Sutton, Swisher, Taylor, Terry, Throckmorton, Tom Green, Upton, Ward, Wheeler, Winkler, Yoakum</p>

Total Monthly Premiums	Total Premium	Your Premium	Total Premium	Your Premium	Total Premium	Your Premium
Employee Only	\$569.24	\$	N/A	\$	N/A	\$
Employee and Spouse	\$1,431.08	\$	N/A	\$	N/A	\$
Employee and Children	\$915.65	\$	N/A	\$	N/A	\$
Employee and Family	\$1,647.24	\$	N/A	\$	N/A	\$

Plan Features			
Type of Coverage	In-Network Coverage Only	N/A	N/A
Individual/Family Deductible	\$1,900/\$4,750	N/A	N/A
Coinsurance	You pay 20% after deductible	N/A	N/A
Individual/Family Maximum Out of Pocket	\$8,000/\$15,000	N/A	N/A

Doctor Visits			
Primary Care	\$15 copay	N/A	N/A
Specialist	\$70 copay	N/A	N/A

Immediate Care			
Urgent Care	\$45 copay	N/A	N/A
Emergency Care	\$500 copay after deductible	N/A	N/A

Prescription Drugs			
Drug Deductible	\$200 (excl. generics)	N/A	N/A
Days Supply	30-day supply/90-day supply	N/A	N/A
Generics	\$12/\$30 copay	N/A	N/A
Preferred Brand	You pay 30% after deductible	N/A	N/A
Non-preferred Brand	You pay 50% after deductible	N/A	N/A
Specialty	You pay 25%/35% after deductible (perferred/non-preferred)	N/A	N/A

www.trs.texas.gov