

# HEALTH CARE EXPENSES

## That Qualify for Reimbursement

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limbs/teeth
- Chiropractics
- Christian Science Practitioner's fees
- Contact lenses and solutions
- Copayments (doctor, dental, vision, pharmacy)
- Costs of physical or mental illness confinement
- Crutches
- Deductibles
- Dental fees (cosmetic procedures not eligible)
- Dentures
- Diagnostic fees
- Drug and medical supplies (syringes, needles, etc.)
- Endodontist fees
- Eye examination fees
- Eyeglasses prescribed by your doctor
- Eye surgery (cataracts, LASIK, etc.)
- Hearing devices and batteries
- Home health care
- Hospital bills
- Insulin
- Laboratory fees
- Laser eye surgery
- Obstetrics and fertility
- Office visits
- Oral surgery
- Orthodontic fees
- Orthopedic devices
- Osteopath fees
- Oxygen
- Periodontist fees
- Physician fees (cosmetic procedures not eligible)
- Podiatrist fees
- Prescribed medicines
- Psychiatric care
- Psychologist and psychiatrist fees
- Radiology
- Routine physicals and other non-diagnostic services or treatments
- Smoking cessation programs
- Surgical fees
- Wheelchair
- Vitamins with doctor's letter
- X-rays and MRI

## That Qualify with a Doctor's Prescription



*Only qualified health care expenses NOT reimbursed by insurance can be claimed on a Flexible Spending Account plan.*

## That Do Not Qualify for Reimbursement

- Concierge medical subscriptions
- Cosmetic surgery, procedures and/or medications
- Dental bleaching and electronic toothbrushes
- Hair restoration (procedures, drugs or medications)
- Health club or gym memberships for general health
- Mail order prescriptions from another country
- Marriage and family counseling
- Premiums you or your spouse pay for insurance coverage (payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan)
- Weight loss program food supplements
- Weight loss programs for general health or appearance

# OVER-THE-COUNTER DRUGS

## That Qualify with a Doctor's Prescription

### Antiseptics

Antiseptic wash or ointment for cuts or scrapes  
Benzocaine swabs  
Boric acid powder  
First aid wipes  
Iodine tincture  
Sublimed sulfur powder

### Asthma Medications

Bronchodilator/expectorant tablets/asthma inhalers

### Cold, Flu and Allergy Medications

Allergy medications  
Cold relief, cough relief or flu relief (liquid, tablets or drops)  
Homeopathic sinus medications  
Medicated chest rub  
Nasal decongestant (drops, inhaler, spray or strips)  
Sinus medications, sinus and allergy nasal spray  
Vapor patch cough suppressant

### Ear/Eye Care

Airplane ear protection  
Ear drops for swimmers  
Ear water-drying aid  
Ear wax removal drops  
Homeopathic earache tablets

### Health Aids

Anti-fungal treatments  
Diuretics and water pills  
Hemorrhoid relief  
Lice control  
Medicated bandages  
Motion sickness tablets  
Respiratory stimulant ammonia  
Sleeping aids

### Pain Relief

Arthritis pain reliever  
Bunion and blister treatments  
Itch relief  
Orajel  
Pain reliever, aspirin and non-aspirin  
Throat pain medications

### Skin Care

Acne medications  
Anti-itch lotion  
Cold sore/fever blister medications  
Corn and callus removal  
Eczema cream  
Medicated bath products  
Wart removal medications

### Stomach Care

Acid reducers  
Antacid gum  
Antacid liquid  
Antacid tablets  
Anti-diarrhea medications  
Gas prevention (liquid, tablets or drops)  
Ipecac syrup  
Laxatives  
Pinworm treatment  
Prilosec  
Upset stomach medications



## That *Do Not* Qualify for Reimbursement

Aromatherapy  
Baby bottles and cups  
Baby oil  
Baby wipes  
Blistex/Chapstick  
Breast enhancement system  
Cosmetics  
Cotton swabs  
Dental floss

Deodorants  
Facial care products  
Feminine care fragrances  
Feminine hygiene products  
Hair regrowth  
Insoles  
Low calorie foods  
Low "carb" foods  
Mouthwash/oral care/toothbrushes

Petroleum jelly  
Shampoo and conditioner  
Skin care  
Spa salts  
Sun clips  
Sun tanning products

# OVER-THE-COUNTER EXPENSES

## That Qualify Without a Doctor's Prescription

Bandages, gauze and related items  
Blood pressure monitors  
Cholesterol test kits and supplies  
Colorectal cancer screening tests  
Condoms and other OTC  
contraceptives  
Contact lens cleaning solutions  
Crutches, canes, walkers and  
wheelchairs  
Denture adhesives

Diabetic supplies, including Insulin  
Fertility monitors  
First aid kits  
Hearing aids and batteries  
Heat wraps and cold packs  
Home drug tests  
Hydrogen peroxide  
Incontinence supplies (Depends and  
Serenity pads)  
Latex gloves

Occlusal guards (for teeth grinding)  
Oral syringes  
Ovulation predictor kits  
Pregnancy test kits  
Reading glasses and other OTC  
eyeglasses  
Rubbing alcohol  
Thermometers

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*Reimbursements are as simple as 1, 2, 3!*

- 1. Complete a claim form.*
  - 2. Provide required documentation.*
  - 3. Submit online or by fax, email,  
mail or the mobile app.*
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